

SCIENTIFIC PROGRAMME

20th October, 2023 - 01.30 pm to 08.00 pm

TIME	TOPIC	SPEAKER
01.30 pm - 02.20 pm	Session 1 - Deformity Correction M - Rahul Shivadey, Vetri Kumar, Lakshminaathan High Tibial Osteotomy (HTO) Distal Femoral Osteotomy (DFO) - Indications and principles Realignment of the PF track - Trochleoplasty, TTO, MPFL Reconstruction Combined MPFL reconstruction with Tibial Tuberosity Osteotomy Discussion - 10 mins	KN Subramaniam VSV Kumar Mukhesh Laddha Deepak Goyal
2.20 pm - 03.10 pm	Session 2 - Chondral Pathologies and Emerging Therapies M - Debashish Chanda, Santhosh Sahanand, Hari Krishna Mata Lesion Size, Etiology, and Algorithmic Approaches to Chondral lesions Osteochondral Autograft Transplantation (OAT) and Allografts Autologous Chondrocyte Implantation (ACI) and Matrix-Induced Autologous Chondrocyte Implantation (MACI) Autologous Minced Cartilage Implantation - Current Evidence and My Experience Discussion - 10 mins	Rajat Jangir Sumit Banerjee Daivesh Shah Suman
03.10 pm - 03.25 pm	TEA BREAK	
03.25 pm - 03.45 pm	RELIVE SURGERY WITH PANEL DISCUSSION – DFO / HTO M - Santhosh Sahanand / VSV Kumar / Debashish Chanda P - Vijay Bose, KN Subramanian	
03.45 pm - 04.15 pm	Session 3 - Recent Advances in Cartilage Disorders M - KN Subramaniam, Ragunanathan, Samundeeswari Saseendar Failures in Cartilage Reconstruction - How not to repeat the mistakes? Dealing with big cartilage lesions with large bony defects Discussion - 10 mins	Vinod Kumar Deepak Goyal
16.30 - 17.30	General Body Meeting for ICS members only (Hall B)	
17.30 - 19.30	Keynote Talks and Inauguration Ceremony ICS Team	
17.30 - 17.33	Welcome Speech by Congress Secretary	Navaladi Shankar
17.33 - 17.37	Welcome Speech by ICS President	Rahul Shivadey

20th October, 2023 - 01.30 pm to 08.00 pm

TIME	TOPIC	SPEAKER
17.37 - 17.39	National Anthem	
17.40 - 17.55	Keynote Lecture - Management of secondary osteonecrosis of the knee	Deepak Goyal
17.55 - 18.10	Keynote Lecture - Cartilage surgery: Hospital Universiti Sains Malaysia Experience	Tengku Muzaffar Tengku Mohamed Shihabudin Malaysia
18.10 - 18.20	Past President's Oration	Santosh Sahanand
18.21 - 18.30	ICS Founder's Speech	Deepak Goyal
18.30 - 19.00	ICS Ceremonies - ICS EC ICRS abstracts ISAKOS Abstracts	
19.30 - 19.50	ICS-Domestic Fellowship Report - 5 min ROSA-ICS Fellowship Report - 5 min Late Dr Saurabh Mathur ICS Travelling Fellowship Report - 5 min ICS-ICRS Travelling Fellow	Arulkumar Nallakumarasamy Pradeep Chaudhury Naofumi Hashiguchi, Japan Aman Nikhil
19.50 - 19.55	Concluding Remarks by Secretary	Rajat Jangir

21st October, 2023 - 09.00 am to 05.00 pm

09.00 am - 09.50 am	<p>Session 4 - Innovations in Meniscus Management (40 minutes) M - Manish Singh, Daivesh Shah</p> <p>Surgical Decision Making: Meniscectomy vs. Meniscus Repair vs. Meniscal Augmentation</p> <p>Meniscus Root Tear with Concomitant Cartilage Lesions of the Knee - Options and my experience</p> <p>Cartilage Damage in the setting of Meniscus Extrusion – Concepts and my approach</p> <p>Exploring the Potential of Scaffolds in Meniscus Repair</p> <p>Discussion - 10 mins</p>	<p>Saseendar Shanmugasundaram</p> <p>Raviteja Karumuri</p> <p>Ragunathan</p> <p>Santhosh Sahanand</p>
09.50 am - 11:30 am	<p>Session 5 – Orthobiologics in chondral pathologies: Enhancing Healing Potential (80 minutes) M - Sharmila Tulpule, Manish Khanna, Madhan Jeyaraman, Umesha Chowdaiah</p> <p>Understanding cell- based Cartilage reconstruction</p> <p>PRP (Platelet-Rich Plasma), Growth Factors and Cytokines in Cartilage Repair</p> <p>Intra-osseous PRP injection - Current Evidence and My Experience</p> <p>MSCs - Current Evidence and My Experience</p>	<p>Elizabeth Vinod</p> <p>Lakshminaathan</p> <p>Mithin Achi</p> <p>Pan Pan Chong Malaysia</p>

21st October, 2023 - 09.00 am to 05.00 pm

TIME	TOPIC	SPEAKER
	<p>BMAC (Bone Marrow Aspirate Concentrate) for chondral pathologies - Evidence and My Experience</p> <p>Stromal Vascular Fraction: A Revolutionary Approach for Knee OA?</p> <p>Allogenic MSC (Mesenchymal Stem Cell) Therapy for Cartilage Repair - Current Evidence and My Experience</p> <p>Orthobiologics – Legal perspectives</p> <p>Breakthrough Biologics in Shoulder chondral pathologies</p> <p>Discussion - 10 mins</p>	<p>Surya Prakash Sharma</p> <p>Vinay Tantuway</p> <p>Pan Pan Chong Malaysia</p> <p>Ravi VR</p> <p>Sivaraman B</p>
11:30 am - 11.45 am	TEA BREAK	
11.45 am - 12.25 pm	<p>Session 6 - Advancements in Scaffolds M - Vinay Tantuway, Pan Pan Chong, Mithin Achi</p> <p>Exploring the Latest Developments and Applications in Scaffolds</p> <p>Optimizing Scaffold Selection for Different Types of Chondral Lesions</p> <p>Unleashing the Potential of Bioactive Scaffolds</p> <p>Discussion - 10 mins</p>	<p>Aman Nikhil</p> <p>Arulkumar Nallakumarasamy</p> <p>Madhan Jeyaraman</p>
12.25 pm - 01.25 pm	<p>Session 7 – Exploring the Subchondral Bone M - Mithin Achi, Sumit Banerjee, Billy Paul Wilson, Saseendar Shanmugasundaram</p> <p>Understanding the Subchondral Bone - Role in Cartilage Health and Repair - A pathologist's perspective</p> <p>Imaging assessment of the Articular Cartilage</p> <p>Unlocking the Mysteries of Subchondral Edema (SC Oedema): Causes, Treatment, and Surgeon's Strategies</p> <p>Management of acute osteochondral injuries</p> <p>Subchondroplasty - indications and principles</p> <p>Discussion - 10 mins</p>	<p>Anjali Goyal</p> <p>Satheesh Ramamurthy</p> <p>Manish Khanna</p> <p>Prahalad Singhi</p> <p>Vetri Kumar</p>
01.25 pm - 01:45 pm	<p>RELIVE SURGERY WITH PANEL DISCUSSION – MPFL / Large Osteochondral lesions – M - Deepak Goyal; P - Ragunathan, Rahul Shivadey, Jayaprasad Pedda</p>	
01.45 pm - 02.15 pm	LUNCH	
02.05 pm - 02.35 pm	<p>Session 8 - Microfracture and Marrow Stimulating Techniques M - Debashish Chanda, Daivesh Shah, Prahalad Singhi</p> <p>Microfracture, Nanofracture, Microdrill: Debunking the Myths</p> <p>Augmented Microfracture: Scientific Basis and Clinical Results</p> <p>Discussion - 10 mins</p>	<p>Ashok Selvaraj</p> <p>Rahul Shivadey</p>

21st October, 2023 - 09.00 am to 05.00 pm

TIME	TOPIC	SPEAKER
02.45 pm - 03.45 pm	Session 9 – Non-operative treatment for Cartilage lesions - M - Sivaraman B, , Jayaprasad Pedda, Naveen Jeyaraman, Vishnu Senthil Is non-operative treatment an option? Who are the candidates? Pharmacologic Treatment for Cartilage Repair – Current Evidence and My Experience Intra-articular Hyaluronate Injection – Myth or Fact? Gold-Induced Autologous Serum Therapy for Chondral Lesions of the Knee - Current Evidence and My Experience Optimal Rehabilitation Strategies for Enhanced Cartilage Healing Discussion - 10 mins	Samundeeswari Saseendar Umeshia Chowdaiah Jonas Fernandez Malaysia Sharmila Tulpule Bishnu Patro
03.45 pm - 04.00 pm	TEA BREAK	
04:00 pm - 04.20 pm	RELIVE SURGERY WITH PANEL DISCUSSION – OATS M - Manish Singh P: Rajat Jangir, Manish Dwivedi, Ashok Selvaraj	
04.20 pm - 04.50 pm	Session 13 - Special joint considerations M - Umeshia Chowdaiah, Daivesh Shah Concepts in chondral lesions of the Patellofemoral Joint Ankle OCD Management: Techniques & Approach Discussion - 10 mins	Billy Pradeep Moonot
04.50 pm - 05.00 pm	CLOSING CEREMONY FELLOWSHIP TALKS - HALL B	Rajat and Manish Singh

